

Menu NEIS September 2024

Appetizer

Mixed salad with cucumber, cherry tomatoes, Carrots, corn, berries and Italian dressing

Main course

Bowl made of rice, red lentils, quinoa, peas, avocado, carrot, radish and guacamole

or

Stuffed chicken breast with spinach and ricotta on mediterranean vegetables and polenta

or

Baked monkfish fillet on mediterranean vegetables with gnocchi "Rustici Caserecci"